

MODEL PAPER
SUBJECT-ENGLISH
CLASS-XI

DURATION: 3 HRS

MM:80

GENERAL INSTRUCTIONS:

- This paper is divided into three sections: A, B and C. All the sections are compulsory.
- Separate instructions are given with each section and questions, wherever necessary. Read these instructions very carefully and follow them faithfully.
- Do not exceed the prescribed word limit while answering the questions.

SECTION A- READING (26MARKS)

1. A. Read the passage carefully. 10 marks
1. While there is no denying that the world loves a winner, it is important that you recognise the signs of stress in your behaviour and be healthy enough to enjoy your success. Stress can strike anytime, in a fashion that may leave you unaware of its presence in your life. While a certain amount of pressure is necessary for performance, it is important to be able to recognise your individual limit.
 2. Stress is a body reaction to any demands or changes in its internal and external environment. Whenever there is a change in the external environment such as temperature, pollutants, humidity and working conditions, it leads to stress. In these days of competition, when a person makes up his mind to surpass what has been achieved by others, there is an imbalance between demands and resources, which causes psycho-social stress.
 3. Stress reduces productivity and pressure to the management of organisations. Today companies prefer women to men as employees because of the hope that they bring additional qualities such as innovation, patience and dedication in the workplace. But due to increased pressure for women both at the workplace and at home, they face stress. Thus, any employee will make the maximum effort and give the maximum contribution when kept happy and without any stress. Hence, to increase productivity, it is the responsibility of the employer to keep the employees free from stress. Hence, it is essential to take steps to minimise the effects of determinants of stress and help individuals and organisations evolve newer and more effective coping strategies.
 4. Stress takes a different meaning, depending on the stage of life you are in. The loss of a toy or a reprimand from the parents might create a stress shock in a child. An adolescent who fails in examination may feel as if everything has been lost and life has no further meaning. In an adult, the loss of his or her companion, job or professional failure may appear as if there is nothing more to be achieved.
 5. Such signs appear, in the attitude and behaviour of the individual, as muscle tension in various parts of the body, palpitation and high blood pressure, indigestion and hyperacidity. Ultimately the result is self-destructive behaviour such as eating and drinking too much, smoking excessively or relying on tranquilisers. There are other signs of stress such as trembling, shaking, nervous blinking, dryness of throat and mouth and difficulty in swallowing. The professional under stress behaves as if he is a perfectionist.
 6. A person under stress reacts in different ways and the common ones are flight, fight or flee depending upon the nature of the stress and capabilities of the person. The three responses can be elegantly chosen to cope with stress so that stress does not damage the system and become distress.
 7. When a stress crosses the limit peculiar to an individual, it lowers his performance capacity. Frequent crossings of the limit may result in chronic fatigue, in which a person feels lethargic, disinterested and is not easily motivated to achieve anything. This may make the person mentally undecided, confused and accident prone as well. Diet, massage, food supplements, herbal medicines, hobbies, relaxation techniques and dance movements are excellent stress busters.

Answer the following questions, based on the passage above.

- (i) The writer would not agree with the given statements based on paragraph three EXCEPT (1)
- (a) Stress increases productivity.
 - (b) Women face stress only due to increased pressure at home.
 - (c) An employee will give an average contribution when kept happy and without stress.
 - (d) To increase productivity the employer should keep his/her employees free from stress.
- (ii) Complete the sentence by choosing an appropriate option. (1)
- A certain amount of pressure is
- (a) not necessary for performance
 - (b) necessary for under performance
 - (c) necessary for performance
 - (d) necessary for failure
- (iii) List the symptoms of stress in individuals. (2)
- (iv) Complete the given sentence with an inference with respect to the following. (1)
- The writer quotes the example of a child, an adolescent and an adult in Paragraph 4 in order to highlight that
- (v) Select the option that conveys the opposite of 'praise' from words used in Paragraph 4. (1)
- (a) stage
 - (b) loss
 - (c) shock
 - (d) reprimand
- (vi) What causes psycho-social stress? (1)
- (vii) When does 'chronic fatigue' occur? How does it affect a person? (2)
- (viii) How can the solutions suggested in the last paragraph best be described? (1)
- (a) Practical
 - (b) Presentable
 - (c) Popular
 - (d) Prejudiced

2. Read the passage given below- 8 marks

1. Social media addiction is an emerging health problem in India, especially among the young population. Nowadays, irrespective of their socioeconomic background, adolescents have greater exposure to electronic gadgets like smartphones at a much younger age. The introduction of internet and the launch of low-cost data packages in 2016/2017 has put India on the global map for large-scale consumption of mobile data with active social media users going up to 197 million (14% of the population).

2. For adolescents, phone-based communication is an important way to maintain their social relationships. The use of social media websites then is one of the most common activities that has become an integral part of their day-to-day lives. Hence, making them more prone to social media overuse or addiction which may have a deleterious effect on the physical and psychological health. Hence, it became important to study the pattern of social media usage and associated physical and mental health issues among Pre- University (PU) college students as they are the vulnerable group.

3. A cross-sectional study was conducted in Government and Private PU colleges situated in Urban Bengaluru city, Karnataka, India, during July to December 2016. The objectives of the study were to assess and compare the prevalence of social media addiction in different organisations, to assess the health problems related to social media usage and to assess the various factors associated with social media addiction.

4. A total of 1870 study participants were recruited from both Government and Private PU colleges. Each participant was administered a pretest and semi-structured questionnaire as the study tool. They were asked to answer about the non-academic usage of social media. Scale comprised 10 questions, each given a score ranging from 0 to 4 (0-never, 1-seldom, 2-occasionally, 3-often, and 4-always), with a minimum score of 0 and a maximum score of 40. Participants were classified based on the scores as: Normal (<12), mild addiction (13 – 20), moderate addiction (21 – 32) and severe addiction (≥33).

Distribution of Study Subjects According to Grading of Social Media Addiction*

Grading	Government	Private	Total
Mild	182 (80.8)	191 (66.3)	373 (72.7)
Moderate	39 (17.3)	93 (32.2)	132 (25.7)
Severe	4(1.9)	4(1.5)	8(1.6)
Total	225 (100)	288 (100)	513 (100)

* Figures in parenthesis indicate percentages

5. There was no difference in the prevalence of Social Media Addiction between Government and Private PU college study subjects contrary to the assumption that Private college subjects will be more prone to social media addiction due to higher social status and purchasing capacity.

Answer the following questions, based on the given passage.

- (i) What, according to you, makes the adolescents susceptible to social media overuse? Answer in about 40 words. (2)
- (ii) Which of the following was NOT an objective for the study? (1)
- (a) To assess the health problems associated with social media usage
(b) To assess and compare the prevalence of social media in a particular organisation
(c) To assess the various factors related to social media usage
(d) To assess and compare the prevalence of social media in different organisations
- (iii) Give one reason for the rise in active social media users in India. (1)
- (iv) Complete the following sentence by selecting the most appropriate option. (1)
The participants of the survey were asked to answer about the usage of social media.
(a) academic (b) non-academic (c) sobar (d) None of these
- (v) Complete the sentence based on the following statement. (1)
It was assumed that private college students will be more prone to social media addiction. This was because of their
- (vi) Identify study tool used in the survey from the following three (1)
(a) yes-no questions (b) a scale-based questionnaire
(c) some physical and IQ based tests (d) None of these
- (vii) State TRUE or FALSE. (1)
Adolescents belonging to poor families do not have greater exposure to smart phones at a much younger age.

3. Read the passage given below: 8 marks

1. Colour Therapy is a complementary therapy for which there is evidence dating back thousands of years to the ancient cultures of Egypt, China and India. If we define it in simple terms, Colour is a light of varying wavelengths, thus each colour has its own particular wavelength and energy.

2. Colours contribute to energy. This energy may be motivational and encouraging. Each of the seven colours of the spectrum are associated with energy. The energy relating to each of the seven spectrum colours of red, orange, yellow, green, blue, indigo and violet, resonates with the energy of each of the seven main chakras/energy centres of the body. Colour therapy can help to re-balance and/or stimulate these energies by applying the appropriate colour to the body.

3. Red relates to the base chakra, orange the sacral chakra, yellow the solar plexus chakra, green the heart chakra, blue the throat chakra, indigo the brow chakra (sometimes referred to as the third eye) and violet relates to the crown chakra.

4. Colour is absorbed by the eyes, skin, skull, our 'magnetic energy field' or aura and the energy of colour affects us on all levels, that is to say, physical, spiritual and emotional. Every cell in the body needs light energy – thus colour energy has widespread effects on the whole body. There are many different ways of giving colour, including; Solarised Water, Light boxes/lamps with colour filters, colour silks and hands on healing using colour.

5. Colour therapy can be shown to help on a physical level, which is perhaps easier to quantify, however there are deeper issues around the colours on the psychological and spiritual levels. Our wellbeing is not, of course, purely a physical issue. Fortunately, many more practitioners, both orthodox and complementary, are now treating patients in a holistic manner.

6. Colour Therapy is a totally holistic and non-invasive therapy and, really, colour should be a part of our everyday life, not just something we experience for an hour or two with a therapist. Colour is all around us everywhere. This wonderful planet does not contain all the beautiful colours

of the rainbow for no reason. Nothing on this earth is here just by chance; everything in nature is here for a purpose. Colour is no exception. All we need to do is to heighten our awareness of the energy of colour, absorb it and see how it can transform our lives.

- (a) On the basis of your reading of the above passage make notes using headings and sub-headings. Use abbreviations and symbols. 5 marks
- (b) Write a short summary of the above passage in about 50 words. 3 marks

SECTION B- GRAMMAR AND CREATIVE WRITING SKILLS (23MARKS)

4. Read the following paragraph and fill in the blanks with the correct form of verbs given in the brackets: 4 marks
- Two carpenters _____ (1) (work) on Mr. Sharma's roof. When they _____ (2) (stop) work at 6 p.m., they _____ (3) (leave) their ladder _____ (4) (lean) against the house. At 7 p.m., Raju, a thief passed by the house and _____ (5) (see) the ladder. The house _____ (6) (be) now empty as Mr. and Mrs. Sharma _____ (7) (go) to the market. Raju climbed up the ladder and _____ (8) (get) in through a first-floor window, and went straight to the main bed room where he stole all of Mrs. Sharma's jewellery.
5. Rearrange the following to form meaningful sentences- 3 marks
- number one/is/ eradicate/ to/ poverty/ millennium development/goal/of/the
 - he goes/ wherever / find /police /the/him/will
 - been/ Ambassador/ has /appointed/ as / Brand/ of Rio Olympics / Sachin Tendulkar

WRITING

6. A. You are going abroad. You want to sell your house, built three years ago. Draft an advertisement in not more than 50 words giving all the necessary details of the house and its locality. Contact no. 9089XXXXXX. 3 marks

OR

- B. Imagine you have lost your pet dog some days ago. Draft an advertisement giving full details about your pet in not more than 50 words.
7. A. Draft a poster in about 50 words for road safety week campaign being organised by the traffic police of your area. Highlight the need of safe driving and some do's and don'ts for the drivers. 3marks

OR

- B. Tourism Department, Government of Uttaranchal has launched an ambitious plan to develop adventure sports and eco-tourism activities in the state. Prepare a suitable poster in about 50 words for display at important public places/publication in newspapers.
8. A. You are Priya/Piyush. You are a member of the Environment Club of your school. After visiting many places, you have realised that it is the need of the hour to protect environment. You decide to create awareness among the students. Write a speech in 120-150 words on 'Environmental protection' to be delivered in the morning assembly. 5 marks

OR

- B. The increasing amount of time spent playing indoor games has been a major cause of decreasing the outdoor appearance of children. With this concern, write a speech to be delivered in the morning assembly in 120-150 words. You are Parag/Pragati.
9. A. Are celebs responsible for the products they endorse? Taking a cue from the headlines given below and using your own ideas, write a debate for or against the topic. (about 120-150 words) 5marks
- Amitabh Bachchan steps back from promoting Pepsi after a school girl questions the health impact of the drink.
 - Brief ban on Maggi noodles causes trouble for its celebrity Brand ambassadors.

OR

- B. "Online Smart Classes are the future of education style". Write a debate either for or against the motion. (120 – 150 words)

SECTION C- LITERATURE (31MARKS)

- 10 A. Read the extract given below and answer the questions that follow- 3marks
- And who art thou? said I to the soft falling shower,

Which, strange to tell, gave me an answer, as here translated:
I am the Poem of Earth, said the voice of the rain,
Eternal I rise impalpable out of the land and the bottomless sea,
Upwards to heaven, whence, vaguely form'd, altogether
changed, and yet the same.

- (i) What do you understand by the phrase 'Strange to tell'? 01
- (ii) Why does the rain call itself 'eternal'? 01
- (iii) Explain 'altogether changed, and yet the same.' 01

OR

B. Till the goldfinch comes, with a twitching chirrup
A suddenness, a startlement, at a branch end.
Then sleek as a lizard, and alert, and abrupt,
She enters the thickness,

- (i) What effect is produced at the branch end with the sitting of the mother goldfinch bird on it?
- (ii) Which figure of speech is used to describe the movement of the mother goldfinch bird?
- (iii) What does the word 'twitching' mean?

11. A. Read the given passage carefully: 3 marks

The night dragged on with an endless, bitterly cold routine of pumping, steering and working the radio. We were getting no replies to our **Mayday calls** — which was not surprising in this remote corner of the world. Sue's head had swollen alarmingly; she had two enormous black eyes, and now she showed us a deep cut on her arm. When I asked why she hadn't made more of her injuries before this, she replied, "I didn't want to worry you when you were trying to save us all."

On the basis of your reading of the passage, answer the following questions briefly-

- (i) Who was hurt? 01
- (ii) What is "Mayday call"? 01
- (iii) What did their ship collide with? 01

OR

B. Carter – Howard Carter, that is – was the British archaeologist who in 1922 discovered Tut's tomb after years of futile searching. Its contents, though hastily ransacked in antiquity, were surprisingly complete. They remain the richest royal collection ever found and have become part of the pharaoh's legend. Stunning artefacts in gold, their eternal brilliance meant to guarantee resurrection, caused a sensation at the time of the discovery- and still get the most attention. But Tut was also buried with everyday things he'd want in the afterlife: board games, a bronze razor, linen undergarments, cases of food and wine.

On the basis of your reading of the passage, answer the following questions briefly-

- (i) Who found king Tut's mummy? 01
- (ii) What was the mummy laden with? 01
- (iv) Why were kings laden with riches? 01

12. A. Read the given passage carefully: 4 marks

I got down and my cousin Mourad kicked his heels into the horse and shouted, Vazire, run. The horse stood on its hind legs, snorted, and burst into a fury of speed that was the loveliest thing I had ever seen. My cousin Mourad raced the horse across a field of dry grass to an irrigation ditch, crossed the ditch on the horse, and five minutes later returned, dripping wet.

On the basis of your reading of the passage, answer the following questions briefly-

- (i) What does the phrase 'hind legs' mean? 01
 - (a) Front legs
 - (b) Back legs

- (c) Both 1 and 2 (d) Neither 1 nor 2
- (ii) Who was known for his dialogue "I have a way with"? 01
- (a) Aram (b) Khosrove
- (c) John Byro (d) Mourad
- (iii) Where had Mourad got the horse from? 01
- (iv) What happened when Mourad tried to race the horse? 01

OR

B. As I walked slowly back to the station I thought about my mother, who had given me the address years ago. It had been in the first half of the War. I was home for a few days and it struck me immediately that something or other about the rooms had changed. I missed various things. My mother was surprised I should have noticed so quickly. Then she told me about Mrs Dorling. I had never heard of her but apparently, she was an old acquaintance of my mother, whom she hadn't seen for years. She had suddenly turned up and renewed their contact.

- (i) Where did the war take place? 01
- (a) In Armenian (b) In Assyria (c) In Holland (d) In France
- (ii) What does the word 'Acquaintance' mean? 01
- (a) Known one (b) Unknown one (c) Stranger (d) None of these
- (iii) Why had Mrs. Dorling renewed her contact with Mrs.S? 01
- (iv) What made the narrator turn up to the station?

13. Give answers of the following questions in 40-50 words. 6 marks

- i) How does the poet describe the laburnum tree top?
- ii) How had the king Tut been lavished the royals when he was buried?

OR

- iii) When did the narrator set sail for his round-the- world voyage and how did it pass in the beginning?

14. Answer the following question in 40-50 words- 3 marks

- i) Give a short description of the narrator's uncle Khosrove.

OR

- ii) Why did the old possessions of the narrator lose their value in the story 'The Address'?

15. Answer the following question in 120-150 words- 6 marks

- (i) Suppose you are Khushwant Singh. Your grandmother dies just after your returning from abroad. Write a letter to your friend describing him the end of the great Lady. Don't forget to include the strange behaviour of the sparrows at her death.

OR

- (ii) The lesson reflects the realities of modern times. The aged persons face problems and there is no end to it. How do you feel about it? Give answer with reference to the poem 'Father to Son'.

16. Answer the following question in 120-150 words- 6 marks

- i) "We had been famous for our honesty for something like eleven centuries," the narrator describes his family in these words (The Summer of the Beautiful White Horse). Do you think it is possible to remain honest in modern times?

OR

- ii) 'The Address' is a story of human predicament that follows war. Comment.